HORIZON HEALTH SHOP · PRODUCT BRIEF

ALLERGY RESEARCH GROUP

Pyridoxine P5P

Vitamin B6 in two complementary forms, including the active coenzyme.

275 mg vitamin B6 per capsule

60 capsules per bottle

2 forms pyridoxine HCl and P-5-P

One capsule a day provides 275 mg of vitamin B6, as pyridoxine hydrochloride and pyridoxal-5'-phosphate (P-5-P), to support normal amino acid, lipid and nucleic acid metabolism.*

THE STORY

01 What it is

A hypoallergenic vegetarian capsule from Allergy Research Group. Of its 275 mg of vitamin B6, 91% is pyridoxine hydrochloride and 9% is pyridoxal-5'-phosphate.

02 How it works

P-5-P is the coenzyme, or "activated," form of B6 and works directly as a cofactor in metabolic reactions. Pyridoxine hydrochloride supplies B6 that the body puts to use in the same pathways. Together they help maintain normal vitamin B6 status.*

03 Why this formula

Pairing the two forms combines a dependable supply of B6 with a share that needs no conversion. It is a high-potency dose, so it fits best within a plan made with your practitioner.

INSIDE THE FORMULA

Key ingredients

i Pyridoxine hydrochloride

The predominant form of B6 in the formula, at 91% of the total. A reliable source of vitamin B6 that supports normal amino acid, lipid and nucleic acid metabolism.*

ii Pyridoxal-5'-phosphate (P-5-P)

The coenzyme or "activated" form of B6, at 9% of the total. It functions directly as a cofactor in metabolic reactions without requiring conversion.*

> **Is it right for you?** Everyone's body is different. Bring this brief to your next practitioner visit.

SUPPORTS NORMAL

- Amino acid metabolism*
- Lipid metabolism*
- Nucleic acid metabolism*

Supplement Facts

Serving Size: 1 capsule
Servings Per Container: 60

Amount per serving		% Daily Value
Vitamin B6 (91% as Pyridoxine Hydrochloride and 9% as Pyridoxal-5'-Phosphate)	275 mg	16,176%

Other Ingredients: Hydroxypropyl methylcellulose, microcrystalline cellulose, L-leucine.

SUGGESTED USE

Take 1 capsule daily with a meal, or as directed by a healthcare practitioner.

CAUTION

If you are pregnant or lactating, have any health condition, or are taking any medication, consult your healthcare practitioner before use. Keep out of reach of children. Use only if safety seal is intact.

GOOD TO KNOW

Hypoallergenic. Vegetarian capsule. Variations in product color may occur.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease. This brief is for educational purposes and is not a substitute for advice from a qualified healthcare practitioner.

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