HORIZON HEALTH SHOP · PRODUCT BRIEF

ALLERGY RESEARCH GROUP

DIM Enhanced Delivery System

A compound from cruciferous vegetables, in a stable, patented form.

300 mg BioResponse DIM® per serving

25% minimum DIM in the complex

120 vegetarian capsules

BioResponse DIM® supplies diindolylmethane (DIM), a compound formed from indole-3-carbinol in cruciferous vegetables, to support healthy estrogen metabolism and hormonal balance.*

THE STORY

01 What it is

Vegetarian capsules from Allergy Research Group built around BioResponse DIM®, a patented, microencapsulated complex with at least 25% DIM, plus vitamin E and phosphatidylcholine.

02 How it works

DIM supports healthy estrogen metabolism, including the production of beneficial 2-hydroxy estrogen metabolites, and helps maintain a healthy balance between androgens and estrogens.*

03 Why this formula

The manufacturer describes BioResponse DIM® as highly stable and not requiring stomach conversion for activity. The amount can be adjusted from 2 to 8 capsules a day with your practitioner.

INSIDE THE FORMULA

Key ingredients

i **BioResponse DIM® Complex**

300 mg per serving of a patented, microencapsulated complex of diindolylmethane, at a minimum of 25% DIM, the formula's primary active constituent.

ii **Diindolylmethane (DIM)**

A metabolite of indole-3-carbinol from cruciferous vegetables that supports healthy estrogen metabolism and breast and cervical health.*

iii **Vitamin E and phosphatidylcholine**

Vitamin E (as tocophersolan) and phosphatidylcholine from sunflower are part of the microencapsulated complex, along with starch and silica.

Is it right for you? Everyone's body is different. Bring this brief to your next practitioner visit.

SUPPORTS HEALTHY

- Estrogen metabolism*
- Hormonal balance*
- Breast health*
- Cervical health*

Supplement Facts

Serving Size: 4 capsules
Servings Per Container: 30

Amount per serving		% Daily Value
BioResponse DIM® (A proprietary diindolylmethane complex — starch, DIM (25% min.), vitamin E (as tocophersolan), phosphatidylcholine (sunflower), silica)	**300 mg**	†

† Daily Value not established.

Other Ingredients: Hydroxypropyl methylcellulose, microcrystalline cellulose, rice hull concentrate, gum arabic, sunflower oil.

SUGGESTED USE

Take 2 to 4 capsules one or two times daily with food, or as directed by a healthcare practitioner.

CAUTION

Do not use if you are pregnant or lactating, or using birth control pills. If you take prescription medications, consult a healthcare professional before use. Harmless changes in urine color may occur; drinking more water reverses this. Keep out of reach of children.

GOOD TO KNOW

Vegetarian capsules. Variation in product color may occur.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease. This brief is for educational purposes and is not a substitute for advice from a qualified healthcare practitioner.

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