HORIZON HEALTH SHOP · PRODUCT BRIEF

AYUSH HERBS

Bacopa Plus

*Five herbs in one daily capsule, for a clear and focused mind.**

5 herbal extracts

480 mg of herbs per capsule

90 vegetarian capsules

A daily blend of Bacopa, Gotu kola, Shankhpushpi, Ashwagandha and Ginkgo to support memory, mental clarity, focus and cognitive function.*

THE STORY

01 What it is

A vegetarian capsule from Ayush Herbs combining five whole-plant, root and leaf extracts, 480 mg in all, in a single once-daily dose.

02 How it works

Bacopa and Shankhpushpi support mental clarity and focus. Gotu kola and Ginkgo support healthy circulation, including blood flow to the brain, and Ashwagandha supports healthy energy, mood and stress resilience.*

03 Why this formula

Each herb covers a different side of mental performance, from focus to circulation to resilience under stress. The formula is free from milk, soy, egg and wheat.

INSIDE THE FORMULA

Key ingredients

i **Bacopa (Bacopa monnieri) whole plant extract**

The formula's primary cognitive herb. Supports cognitive function and promotes mental clarity and focus.*

ii **Ginkgo (Ginkgo biloba) leaf extract**

Supports cognitive performance by promoting healthy blood circulation to the brain. Its antioxidant properties help protect neural tissues from oxidative stress.*

iii **Ashwagandha (Withania somnifera) root extract**

An adaptogenic herb that supports healthy energy, mood, endurance and stamina.*

GOOD TO KNOW

Dairy-free and gluten-free. Sealed for your protection.

> **Is it right for you?** Everyone's body is different. Bring this brief to your next practitioner visit.

SUPPORTS

Memory* · Mental clarity* · Focus* · Cognitive function*

Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 90

Amount per serving		% Daily Value
Gotu kola (Centella asiatica) whole plant extract	120 mg	†
Shankhpushpi (Convolvulus pluricaulis) whole plant extract	120 mg	†
Ashwagandha (Withania somnifera) root extract	80 mg	†
Bacopa (Bacopa monnieri) whole plant extract	80 mg	†
Ginkgo (Ginkgo biloba) leaf extract	80 mg	†

† Daily Value not established.

Other Ingredients: Vegetarian capsule (hypromellose), magnesium stearate (vegetarian source), and silicon dioxide.

Free from milk, soy, egg and wheat.

SUGGESTED USE

Take 1 capsule daily, or as directed by your healthcare provider.

CAUTION

During pregnancy or lactation, consult your physician before use. Consult your healthcare provider before using this or any other supplement. Keep out of reach of children. WARNING: Consuming this product can expose you to lead, which is known to the State of California to cause birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov/food.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease. This brief is for educational purposes and is not a substitute for advice from a qualified healthcare practitioner.

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